	Aayushi I	nternationa	al Interd	lisciplinary Res	search Journal (AIIRJ)
VOL- VII	I ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x

An Evaluation of Mid-Day - Meal Scheme in Gujarat, A Case Study of Perception of Parents Towards Mdm With Reference To Panchmahal District

Dr. Sneha Rajesh Vyas, Assistant Professor, Shree Sarvajanik Commerce College, Godhra

1. Introduction:-

n favor of educational development, the

Government of India has initiated various initives in a timely manner along with the implementation of the MDM scheme. Due to these efforts, the education in India has got better considerably from 18.33% in 1951 to 65.38% in 2001 among all section of the society. Mid day meal scheme was one of the various scheme launched by central government under SSA to achieve the national goal. The present study analyzes the impact of the scheme in government primary school of panchmahal district. For these purposes, various secondary sources such as research paper, journals, periodicals study reports, working paper, investment report of government newspaper and study reports of agencies, committees, plan documents and web sites has been utilized.

It got revised in September 2004 and then in September 2006. MDM scheme is the world's largest school meal program. It serves an estimated 11 crore children in 12 lakh schools of India. The scheme is implemented via the State/UT governments. The central and state governments share the cost of the mid day meal scheme whereas the central government offers 75% and state offers 25%.

2. Objectives Of Mid Day Meal Scheme:-

- (i) Improving the nutritional status of children in standard 1st to 8th in Government, Local Body and Government-aided schools, and Education Guarantee Scheme (EGS) / Alternative and Innovative Education (AIE) centres.
- (ii) Motivating poor children hailing from disadvantaged sections, to come to school on a

regular basis and assist them in focussing on classroom activities.

(iii) Offering nutritional support to children of elementary stage in drought-affected areas in summer vacation.

3.Objectives Of The Study :-

- 1. To study parents' perceptions towards the National Program of nutritional support to primary education (Mid Day Meal scheme) in panchmahal.
- 2. To identify various problems obstructing the achievement of objectives of mid day meal scheme in panchmahal.
- 3. To provide various suggestion for making the Mid Day meal scheme more effective.

4. Methods Of Data Collection:-

For this study data has been collected from the sample for the fulfillment of the research objectives and to verify the research hypothesis with the use of tool. The data was collected to study the mid day scheme in Gujarat, a case study of panchmahal district. For this study both primary and secondary sources of the data has been utilized.

The primary data has been collected through questionnaire, prepared to study the mid day meal scheme in Gujarat data has been collected through interview and questionnaire form.

5.Sample Population:-

Parents of 25 schools of Panchamahal district has been targeted for this study

6. Analysis Of The Data:-

The data collected from the respondents has been categorised, tabularized and analysed by using applicable statistical and mathematical techniques. Frequency tables, charts and statistical results has been derived by using Microsoft Excel tool and statistical computer software called SPSS.

	<u>Aayushi I</u>	nternationa	l Interd	isciplinary Re	search Journal (A	IIRJ)
VOL- VIII	ISSUE- VII	JULY	2021	PEER REVIEW	IMPACT FACTOR	ISSN
VOL VIII	15501 11	JULI	2021		7 1 4 9	22/10-628v

7.Statistical Tool Used:-

The proposed statistical tools for the analysis of data are: Mean, Analysis of variances (Anova)

8. Research Hypothesis:-

Null Hypothesis

- 1. H0 = There is no significant relation in views of no. of parents by taluka for other benefits of **MDM**
- 2. H0 = There is no significant relation in views of no. of parents by taluka for reduction in house expenditure
- 3. H0 = There is no significant relation in views of no. of parents by taluka for health improvement of children after MDM scheme
- 4. H0 = There is no significant relation in views of no. of parents by taluka for children getting adequate food through MDM

Afternate Hypothesis

- 1. H1 = There is significant relation in views of no. of parents by taluka for other benefits of MDM
- 2. H1 = There is significant relation in views of $\frac{1}{2}$ no. of parents by taluka for reduction in house expenditure
- 3. H1 = There is significant relation in views of no. of parents by taluka for health improvement of children after MDM scheme
- 4. H1 = There is significant relation in views of no. of parents by taluka for children getting adequate food through MDM

9.Data Analysis:-

ata Analysis:-		WWW
1. Lo	cation of your s	chool W a
Variable	Frequency	%
Godhra	50	20%
Kalol	50	20%
Shahera	50	20%
Jambughoda	50	20%
Goghamba	50	20%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 20% of the respondents (50 parents) are each from five talukas of Panchamahal such as Godhra, Kalol, Shahera, Jambughoda and Goghamba

2. Gender					
Variable	Frequency	%			
Male	145	58%			
Female	105	42%			
TOTAL	250	100%			

Interpretation

From the above table it can be concluded that 58% of the respondents are male while 42% of the respondents female.

	and the second second second	3. Age	
_	Variable	Frequency	%
5	20 to 35 years	120	48%
	36 to 50 years	122	49%
_	More than 50	8	3%
	years		
	TOTAL	250	100%
	ATT 17 10 10 10 10 10 10 10 10 10 10 10 10 10		

Interpretation

From the above table it can be concluded that 48% of the respondents are between age group of 20 to 35 years, 49% of the respondents are between age group of 36 to 50 years while 3% of the respondents are more than 50 years

4. Do your child get MDM in school?

2 2					
Variable	Frequency	%			
Yes	250	100%			
No	0	0%			
TOTAL	250	100%			
0					

Interpretation

From the above table it can be concluded that 100% of the respondents believe that their child get MDM in school.

5. On an average how many days a week your child gets cooked meals served in the school?

Variable	Frequency	%
Everyday(except	245	98%
holiday)		
Most days (4-5 days)	5	2%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 98% of the respondents believe that their child get cooked meal everyday while 2% of the

	Aayushi I	nternationa	l Interd	lisciplinary Re	esearch Journal (AIIRJ)
VOL- VI	II ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x

respondents believe that their child get cooked meal most of the days (4-5 days)

6. Do you feel that, your children are able to get adequate food through MDM?

VARIABLE	FREQUENCY	%
Yes	99	39%
No	72	29%
Don"t know	79	32%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 40% of the respondents believe that their child able to get adequate food through MDM, 29% of the respondents believe that their child do not able to get adequate food through MDM

7. Do you feel that your children feel happy with the Mid-Day Meal?

Variable	Frequency	%
Yes	188	75%
No	62	25%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 75% of the respondents believe that their children feel happy with the Mid-Day Meal 25% of the respondents do not believe that their children feel happy with the Mid-Day Meal

8. Do you think that while cooking/serving, hygiene

is maintained?					
Variable	Frequency	%	a		
Yes	225	90%			
No	25	10%			
TOTAL	250	100%			

Interpretation

From the above table it can be concluded that 90% of the respondents believe that hygiene is maintained while cooking/serving whereas 10% of the respondents of Godhra and Kalol taluka believe that central kitchen scheme is more hygienic 9. Whether school has got pure drinking water

Variable	Frequency	%
Yes	250	100%
No	0	0%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 100% of the respondents believe that school has got pure drinking water arrangement like hand pump or water tank.

SC 10. Has it ever happened that your children developed any kind of health problem after eating

	MDM?						
	Variable	Frequency	%				
	Yes	0	0%				
	No	250	100%				
100	TOTAL	250	100%				

Interpretation

From the above table it can be concluded that 100% of the respondents believe that their children do not developed any kind of health problem after eating MDM

11. Is there any sort of health improvement in your child after having MDM?

Variable	Frequency	%
Yes	175 70%	
No	25	10%
Don"t know	50	20%
TOTAL	250	100%
	Yes No Don"t know	Yes 175 No 25 Don''t know 50

Interpretation

From the above table it can be concluded that 70% of the respondents believe that their children's health improved after having MDM, 10% of the respondents don't believe that their children's health improved after having MDM whereas 20% of the respondents of Jambughoda and Goghamba can't say proper answer.

12. Do you think that due to MDM, the dropout rate has reduced?

Variable	Frequency	%
Yes	205	82%
No	45	18%
TOTAL	250	100%

	Aayushi Ir	ternationa	al Interdi	isciplinary Rese	earch Journal (AI	IRJ)
VOL- VIII	ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x

Interpretation

From the above table it can be concluded that 82% of the respondents believe that due to MDM, the dropout rate has been reduced while 18% of the respondents believe that girl child has household work so they could not complete their study.

13. Has it reduced yo	our house expenditure?
-----------------------	------------------------

Variable	Frequency	%	
Yes	75	30%	
No	50	20%	1000
Don"t know	125	50%	-
TOTAL	250	100%	BI

Interpretation

From the above table it can be concluded that 30% of the parents believe that their house expenditure is reduced because of MDM and "Anna Sangam Yojana" 20% of the parents believe that there is no big change in their house expenditure while 20% of the parents can"t give proper answer

	S S	
14. Does scho	ol provide suk	hadi in lunch?
Variable	Frequency	%
Yes	250	100%
No	0	0%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 100% of the respondents believe that school provide sukhadi in lunch

15. What according you are the other benefits of mid-day meal scheme?

inte aug mear seneme.					
VARIABLE	FREQUEN	%	ii		
	CY				
Nutritional development	59	24%			
Educational advancement	66	26%			
Decrease child labour	48	19%			
Decrease drop outs	77	31%			
TOTAL	250	100%			

Interpretation

Based on the interview and questionnaire it can be concluded that 24% of the respondents believe that Nutritional development is the other benefits of mid-day meal scheme, 26% of the respondents believe that Educational advancement is the other benefits of mid-day meal scheme, 19% of the respondents believe that Decrease child labour is the other benefits of mid-day meal scheme while 31% of the respondents believe that Decrease drop outs is the other benefits of mid-day meal scheme

16. Do your girl child getting 30 + 30 Kg grain as part of "Anna Triveni Yojana"?

F	J		
Variable	Frequency	%	
Yes	150	60%	
No	100	40%	
TOTAL	250	100%	

Interpretation

From the above table it can be concluded that 60% of the ST cast parents believe that their girl child getting 30 + 30 Kg grain as part of "Anna Triveni Yojana" while 40% of the other cast parents believe that their girl child not getting 30 + 30 Kg grain as part of "Anna Triveni Yojana"

17. Do your child get flavoured milk as part of Dudh Sanjivani Yojana?

Variable	Frequency	%
Yes	50 00	20%
No	200	80%
TOTAL	250	100%

Interpretation

From the above table it can be concluded that 20% of the respondents believe that child from only Shahera taluka get flavoured milk as part of Dudh Sanjivani Yojana while 80% of the respondents don"t believe child get flavoured milk as part of Dudh Sanjivani Yojana

18. Do you think that MDM should continue?

Variable	Frequency	%	
Yes	250	100%	
No	0	0%	
TOTAL	250	100%	

Interpretation

From the above table it can be concluded that 100% of the respondents believe MDM should continue

	Aayushi I	International	Interc	disciplinary R	esearch Journal (AIIRJ)
VOL- VIII	ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x

10.Hypothesis Testing:-

1. Relation Between No. Of Parents By Taluka And Other Benefits Of Mdm

Anova: Single Factor

Anova: Single Factor

SUMMARY

Groups	Count	Sum	Average	Variance
No. of	250	750	3	2.008
Parents				
by				
Taluka				
Other	250	643	2.572	1.3382
Benefits				
of MDM				

ANOVA

Source	SS	df	MS	F	<i>P</i> -	F crit
of					value	
Variatio						
п						
Betwee	22.89	1	22.89	13.68	0.000	3.860
n	8		8	6	2	2
Groups			S			
Within G	roups 8	33.2	49	8	1.673	31
Total		8	56.1	4	99	

Interpretation

H0 = There is no significant relation in views of no. of parents by taluka for other benefits of MDM

H1 = There is significant relation in views of no. of parents by taluka for other benefits of MDM

From above table for 1 and 498 degree of freedom.

Fcal is 13.68 and Ftab is 3.86.

Thus, Fcal>Ftab and p-value is less than specified α of 0.05.

So, null hypothesis is rejected and it is concluded that there is significant relation in views of no. of parents by taluka for other benefits of MDM.

2. Relation Between No. Of Parents By Taluka And Reduction In House Expenditure Anova: Single Factor

SUMMARY

	SUMMARI									
Groups	Count	Sum	Average	Variance						
No. of	250	750	3	2.008						
Parents by										
Taluka										
House	250	550	2.2	0.7631						
Expenditure										

A	Ν	0	V	A	١

Source of	SS	df	M	S	F		P-	F crit
Variation							value	
Between	80	1	80)	57.73	39	1E-	3.8602
Groups							13	
Within Gro	oups	690		49	8		1.38	55
Total		770				499	9	

Interpretation

H0 = There is no significant relation in views of no. of parents by taluka for reduction in house expenditure

H1 = There is significant relation in views of no. of parents by taluka for reduction in house expenditure

From above table for 1 and 498 degree of freedom.

Fcal is 57.74 and Ftab is 3.86.

Thus, Fcal>Ftab and p-value is less than specified α of 0.05.

So, null hypothesis is rejected and it is concluded that there is significant relation in views of no. of parents by taluka for reduction in house expenditure.

3. Relation Between No. Of Parents By Taluka And Health Improvement After Mdm Scheme Anova: Single Factor

SUMMARY

Groups	Count	Sum	Average	Variance
No. of	250	750	3	2.008
Parents by				
Taluka				
Health	250	375	1.5	0.6526
Improvement				
I I I Ci ···				

ANOVA

Source of Variatio n	SS		df	MS	,	F		F v e	alu	F crit
Between	281.2		1	281	.2	211.4	4	4	E-	3.860
Groups	5			5		2		4	0	2
Within Groups 66			62.5		498	3			1.33	03
Total			94	43.75	5		49	9		

Interpretation

H0 = There is no significant relation in views of no. of parents by taluka for health improvement of children after MDM scheme

Email id's:- aiirjpramod@gmail.com Or aayushijournal@gmail.com Chief Editor: - Pramod P. Tandale (Mob.08999250451) website :- www.aiirjournal.com Page No. 82

	Aayushi I	nternationa	al Interdi	isciplinary Rese	earch Journal (AI	IRJ)
VOL- VIII	ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x

H1 = There is significant relation in views of no. of parents by taluka for health improvement of children after MDM scheme

From above table for 1 and 498 degree of freedom.

Fcal is 211.42 and Ftab is 3.86.

Thus, Fcal>Ftab and p-value is less than specified α of 0.05.

So, null hypothesis is rejected and it is concluded that there is significant relation in views of no. of parents by taluka for health improvement of children after MDM scheme.

4. Relation Between No. Of Parents By Taluka And Adequate Food Through Mdm Anova: Single Factor

SUMMARY

Semin int i				
Groups	Count	Sum	Aver	Variance
			age	
No. of	250	750	3	2.008
Parents by	2			
Taluka	C			
Adequate	250	480	1.92	0.7084
Food				
		1		

ANOVA

Source of	SS	6	lf	MS	5	F		P-	F crit
Variation								value	
Between	145.8	3 1	1	14:	5.8	107.3	35	7E-	3.8602
Groups								23	
Within Gro	oups	67	6.4		49	8		1.35	82
Total			82	2.2			499	9	

Interpretation

H0 = There is no significant relation in views of no. of parents by taluka for children getting adequate food through MDM

H1 = There is significant relation in views of no. of parents by taluka for children getting adequate food through MDM

From above table for 1 and 498 degree of freedom.

Fcal is 107.35 and Ftab is 3.86.

Thus, Fcal>Ftab and p-value is less than specified α of 0.05.

So, null hypothesis is rejected and it is concluded that there is significant relation in views of no. of parents by taluka for children getting adequate food through MDM.

11. Findings:-

- 20% of the respondents (50 parents) are each from five talukas of Panchamahal such as Godhra, Kalol, Shahera, Jambughoda and Goghamba
- 58% of the respondents are male while 42% of the respondents female
- 48% of the respondents are between age group of 20 to 35 years, 49% of the respondents are between age group of 36 to 50 years while 3% of the respondents are more than 50 years
- 82% of the respondents believe that due to MDM, the dropout rate has been reduced while 18% of the respondents believe that girl child has household work so they could not complete their study
- 30% of the parents believe that their house expenditure is reduced because of MDM and "Anna Sangam Yojana" 20% of the parents
- 24% of the respondents believe that Nutritional development is the other benefits of mid-day meal scheme, 26% of the respondents believe that Educational advancement is the other benefits of midday meal scheme, 19% of the respondents believe that Decrease child labour is the other benefits of mid-day meal scheme

while 31% of the respondents believe that Decrease drop outs is the other benefits of mid-day meal scheme

- 60% of the ST cast parents believe that their girl child getting 30 + 30 Kg grain as part of "Anna Triveni Yojana" while 40% of the other cast parents believe that their girl child not getting 30 + 30 Kg grain as part of "Anna Triveni Yojana"
- 20% of the respondents believe that child from only Shahera taluka get flavoured milk as part of Dudh Sanjivani Yojana while 80% of the respondents don"t believe child get flavoured milk as part of Dudh Sanjivani Yojana
- 100% of the respondents believe MDM should continue

VOL- VIII	Aayushi Into ISSUE- VII	JULY	2021	PEER REVIEW e-JOURNAL	IMPACT FACTOR 7.149	ISSN 2349-638x
adversely processes The evalu important objectives	usion:- ne scheme has affect the on spending on its action of mid d in terms of its for which it is s been mad by t	going teach s way of in lay meal sc s implement launched. In	hing learning pplementation. heme is very ration and the n this study an	Nutrit Distri M.Ed Unive 2. Dobb later	Anjana. (2015). National Support to Element ct Una of Himachal Pra . Dissertation. Himersity, Shimla. ing, J. (1985- Feb.). "In achievement." The An cal Nutrition, 41: 477- 48	entary Education in adesh. Unpublished imachal Pradesh nfant nutrition and nerican Journal of
perspectiv	e of the parents n Panchmahal al	s towards (N	Aid Day meal	3. Educa schen Educa	ational News. (2006). Ir ne to get more funds. ation: Vol. xxxvi. No.2. A non, T. 0. and Schwille, .	ndia"s school meal New Frontiers in April-June, 252.
	oper maintena			CISC/ schoo Secor	ling in Burundi and Ken dary education or f entary School Journal, 92	nya: Preparation for for self-reliance?"
PrPr	heme registers a ovision of timely ovision of advar lucating commu	y availability ace food for	v of funds. winter season.	Philos 6. Ganga	ankajam (2005), Pre P shophy and Practice. adharan, V.A. (2006). N	Noon Meal Scheme
• M of	eals should be g students. very School mus	iven accordi	ing to the taste	Schoo of Ed 7. Gove		erala: State Institute nd Training. (2006). National
Wa	ater facility <mark>.</mark> 🎱				amme of Nutritional S	support to Primary

- Provision for proper seating arrangement while meals taken.
- Proper hygiene should be maintained during cooking.
- Regular Inspection should be done by the Government authority.
- Government of India (2006). National Programme of Nutritional Support to Primary Education Guidelines. Ministry of Human Resource Development. Department of Elementary Education and Literacy, New Delhi.
- Government of India. (1995-96 to 2009-10). Annual Report. Department of Elementary Education and Literacy, Department of Secondary and Higher Education. New Delhi: Ministry of Human Resource Development.

www.aiirjournal.com